



Welcome to Bethphage Buzz



Welcome to our newest edition of Bethphage Buzz! Our quarterly newsletter aims to keep you updated with what is going on across Bethphage with both the people we support and our dedicated staff.

We've had a busy start to the new year. With our attention now turning to the rest of the year, we have a lot to be excited about, including our Summer Party which you can read about below.

We hope you enjoy our newsletter, we welcome your feedback.

Please email marketing@bethphage.co.uk if you would like to get involved or support us.

Bethphage Summer Party!



Saturday 3rd June 2023

Recognising how the pandemic had a detrimental impact on people's ability to connect with others, we have been keen to organise an event where we can bring both the people we support and our colleagues together.

The pandemic impacted especially hard on the people Bethphage support, who have learning disabilities, autism and mental health needs. They experienced a loss of routine, activities and contact with family and friends that was hard to understand and difficult to cope with.



Summer

PARTY

www.bethphage.co.uk

8 Longbow Close, Harlescott Lane, Shrewsbury, SY1 3GZ

01743 272880



As a number of the people we support are more vulnerable to COVID, and with increasing infections, we made the decision to postpone our party planned last September. We hope by moving the event to June this year we are able to enjoy a mixture of indoor and outdoor space (with British weather permitting!)

The party will be held at Mereside Community Centre in Shrewsbury on June 3rd and we will be welcoming all staff, people we support and carers for an afternoon of fun, with music, dancing, games, a raffle and food.

The party will bring everyone involved with Bethphage together while; thanking our staff for their hard work and dedication, and rebuilding social connections following the increased feelings of loneliness and isolation that occurred over the pandemic.



How can you support the Bethphage Summer Party?

With the cost-of-living crisis and year on year reduction in funding from local authorities, our party will be organised and paid for via volunteers willing to give up their time to plan and help on the day and we will utilise various fundraising initiatives.

As a Friend of Bethphage you can support this event by:

- Donating a raffle prize.
- Donating to our party fundraiser page.
- Sharing any newsletters and social media about our fundraising to encourage others to support it.
- Supporting our dog walk on 20th May at 11am with a donation of just £3 on entry per person. You can find out more about the event [here](#).
- Donate/loan games we can play on the day.



Can you help?

If you would like to help in any way you can, please contact Alice Blakeman on **07889 113054** or email marketing@bethphage.co.uk.

Make a donation

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What's going on? Day Opportunities



Oak Farm

At Oak Farm we recently held a coffee morning and second-hand clothes sale to raise over £250 with Oak Farm Friends Association raising an additional £300! February also saw us host a Valentine's disco at the farm. Our Fork-to-Fork programme, which focused on developing cooking skills, recently came to a close, with lots of positive reviews from the people we support. We are now turning our attention to spring at the farm! We are now taking orders for our hanging baskets, £15 for a new basket and £12.50 for a refill, call 01746712542 to place an order!

[Find out more](#)



Innage Lane

At Innage Lane we have been prepping for the springtime, getting our garden space ready for the sunnier days.

Our photography club has been thriving, going out and about to get some fantastic pictures of nature.

We have been continuing to create products for "The Nook", including candles, lightboxes and more! You can find some of our products at the Gateway in Shrewsbury or contact us through our Facebook page.

[Find out more](#)



Our Space

At Our Space and Ellesmere Library we have been working hard over the last few months to help our community.

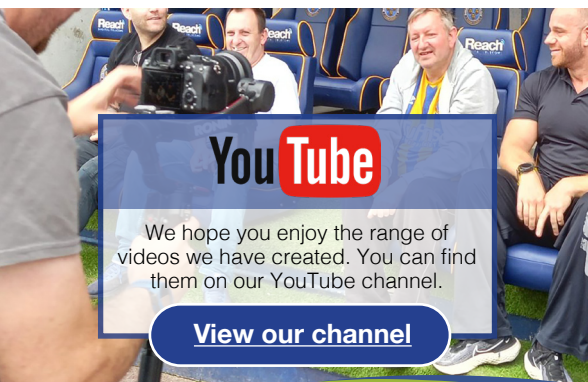
To help combat the cost-of-living crisis we held a Food & Warm Clothes Sharing project, inviting members of the community to drop off items and collect what they need.

We also continue to hold regular events such as our Memory Café and head out to explore Shropshire with our opportunities group.

[Find out more](#)



Our work with 7Video



We hope you enjoy the range of videos we have created. You can find them on our YouTube channel.

[View our channel](#)

Over the summer we worked with 7Video to capture some of the amazing work happening across Bethphage, sharing stories from people we support and our staff.

This project took us across Shropshire, from the Shrewsbury Town Football Club, to two of our day opportunities, Innage Lane in Bridgnorth, and Oak Farm in Ditton Priors. We were so excited to capture what it's like working at Bethphage.

We also wanted to take this opportunity to hear from the people we support; about the things they love to do and what's important to them, as well as what they think makes a good support worker.

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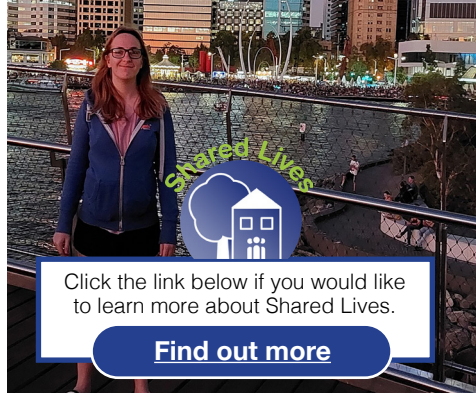


Spotlight on : Shared Lives

Shared Lives is a different way to provide support, people are supported by a Shared Lives Carer in the Carer's family home, either long-term or for short breaks.

Sophie joined the Shared Lives scheme last March and was successfully matched in a permanent placement and has settled really well. Sophie has grown in many areas and now has a full week of regular activities which include volunteering at a local food enterprise which tries to reduce food waste, working several days as a volunteer in a local charity shop and studying.

Sophie has been fortunate enough to have the holiday of a lifetime to Australia with her permanent carer, visiting the carer's family who emigrated last year. While Sophie is a confident traveller, this was her first long-haul flight. She had a wonderful time and didn't want to come home!



Click the link below if you would like to learn more about Shared Lives.

[Find out more](#)



Celebrating our Staff



Support our charity

To find out more about how you can help Bethphage or make a donation follow the link below.

[Make a donation](#)

We would like to congratulate the following staff members who received a long service award recently! Thank you for all your hard work!

5 Years Long Service

Helen M, Natalia R, Ceri B, Chris L, Stephanie T

10 Years Long Service

William P, Karen T, Chris B, Mandy B, Sue F, Gaynor W

20 Years Long Service

Linda G, Jenny V, Linda R

Thank you to our donors



We would like to thank the following people and groups for their generous donations over the last year:

Roger Pearce, Kath Bourne's Colleagues from University of Bristol, M&E Global, Georgina Maxwell and Donna Werner.



Thank you you for reading

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