

Bethphage

BUZZ



Welcome to Bethphage Buzz

Established in 1994 Bethphage is a charity that supports adults with learning disabilities, autism and mental health needs in Shropshire and the West Midlands.

Welcome to our newest edition of Bethphage Buzz! Our quarterly newsletter aims to keep you updated with what is going on across Bethphage with both the people we support and our dedicated staff.

Blossom Barns camp out!

Our team at Blossom Barns recently hosted their very first camp out for the people we support! This has been on the wish list for people we support for a while and now, 9-months into our new site, the time had come! Campers enjoyed a fish and chip tea, stories by the fire-pit and even a sing-along! They camped overnight at the farm and enjoyed watching the sunrise in the morning.

We're hoping this is one of many opportunities we can offer on our new site.



If you're interested in volunteering at Blossom Barns, please get in touch!

Get in touch

www.bethphage.co.uk

8 Longbow Close, Harlescote Lane, Shrewsbury, SY1 3GZ
01743 272880



What's going on? Day Opportunities



**Blossom
Barns**



**Innage
Lane**



**Our Space
Community Hub
& Library**

As you can imagine, it's been all hands on deck for Blossom Barns this summer!

We were honoured to be asked to open the Chelmarsh Fete recently and had another fantastic year at the Burwarton Show! Thank you to everyone who has come out to see us at these events.

We've also been prepping for our first Blossom Barns Camp Out, which you can read about on page 1!

Find out more

We've had a busy summer at Innage Lane!

With our summer BBQ and birthday celebration, Next Steps Fun Day and taster days! We also attended the Grange Care Home Summer Fair!

We've been researching ideas for our quiet garden and getting out and about in the sunshine, enjoying trips to Shropshire Abbeys.

We closed out the summer with our "End of Summer" party!

Find out more

With the summer holidays coming to an end and the back to school bell rung we'd like to thank everyone who took part in the summer reading challenge at the library!

We continue to host our "Coffee & Chats", with free information, support and advice around housing, carers support, mental health, domestic abuse support, social inclusion and family support. We also continue to host the food share. We were grateful to receive a "Warm Welcome" grant from the Marches Energy Agency to support Our Space as a Warm Hub.

You may have also seen that we have hosted some community collaboration drop-ins to consult with local people about the expansion of Our Space to the 1st floor. Look out on our social media for more information!

Find out more

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Innage Lane taster sessions

Our day opportunity, Innage Lane, in Bridgnorth are running a number of taster sessions for adults with support needs who are looking at available support options. All taster sessions must be booked in advance. For information or to book on a session, please get in touch - 01746 769438.



Sensory Tactile Crafts 13th October | 10am-11.30am

You will join a group for various sensory activities, including making slime. You will need to bring a suitable container to transport your slime home.

Please wear old clothes for this session.

Maximum 4 participants



Cookery 18th November | 10am-12pm

You will be making a flat bread pizza, with a choice of toppings. You will touch on:

- Handwashing & hygiene
- Preparing your workspace
- Identifying, and preparing ingredients
- Making your pizza
- Clearing up your workspace

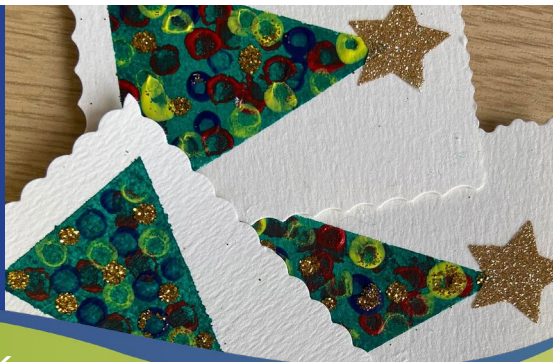
There will also be food-related games and activities, time dependent. Maximum 4 participants

Christmas Crafts 11th December | 10am-12pm

Join us for some festive crafts, that you can take away and keep or give as a gift.

Wear some old clothes and come prepared for fun and creativity.

Maximum 4 participants



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Preparing for adulthood

Earlier this year we launched our "Preparing for Adulthood: Planning for the Future" project. We know there's lots more we can do as a provider to be a hub of information on navigating social care.

Our aim was to create resources for families, young people and anyone considering making the move to adult social care. This includes bite-size videos explaining supported living, support workers and relationships, "frequently asked questions" and our "jargon buster".



Visit our website at the link below to find out more and keep an eye out for more from this project

Visit our website



Bethphage awarded 7 new services

We are delighted to announce that after a competitive tendering process, we have successfully been awarded 7 new supported living services in Shropshire for adults with learning disabilities and/or autism.

We are really excited to be welcoming 12 new individuals who will receive support from Bethphage along with their existing staff teams.

We are working closely with Shropshire Council and the current support provider to ensure a smooth and person-centred handover of support to Bethphage, with continuity and quality of care at the heart of the transition.



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Helen Pugh shortlisted for BBC Make a Difference

Helen Pugh took on a number of fundraising challenges for us last year, including her accessible triathlon, and we're pleased to say that Helen has been recognised for her efforts and has been shortlisted for the BBC Make a Difference Awards in the fundraising category!

Helen is a fantastic example of how you can make fundraising work for you, Helen completed her "35 Miles for Bethphage" challenge raising over £900 for us!

Of her challenge Helen said:



“ I have faced mobility issues and various health challenges since 2019. However, I firmly believe that, regardless of our personal struggles, we can all contribute to making a difference.

Bethphage's dedication to improving the lives of the people they support resonates with me deeply. My daughter, Lucy, is a dedicated member of the Bethphage team, and her commitment to their mission has shown me the profound impact of their work. Also, my stepdaughter, Emily, benefits from organisations like Bethphage in the area she resides in.

Witnessing the positive influence of charities like Bethphage has made me even more passionate about supporting their cause. ”



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B B C



Bethphage aims to build a network of help with activities for support.

- Subscribe to our newsletter 'Bethphage Buzz'
- Follow us on Facebook & Instagram.
- Attend and support our events
- Make a small donation.

You can hear more from Helen on the BBC
Make a Difference website by clicking the link below

Learn more

She didn't stop there, Helen then went on to organise a fundraising pre-loved fashion event for us, raising a further £500!

The awards take place on the 26th of September, and we hope you will join us in cheering Helen on!

B B C

make a
difference
awards
2025



Thank You to our polo shirt sponsors!

We'd like to thank RDS Electricals and Shotton's Landscapes for their recent sponsorship of our brand-new Blossom Barns polo shirts! Everyone at the farm loved wearing them to the Burwarton Show!



Bethphage

We are always looking for businesses to sponsor us, get in touch to find out more.



Thank you you for reading

If you would like to get involved or support us, please contact marketing@bethphage.co.uk.

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